With help from public transport and ferries you can get around much of the estuary in a day. Please take care crossing roads and railways and enjoy exploring the Exe.

**A scenic cruise and train ride with a leisurely stroll**

1. Take ferry from Topsham to Exmouth.
2. Walk from Exmouth to Lympstone.
3. Catch train from Lympstone back to Topsham.

**Getting Started:** A car park is available in Topsham on Holman Way that is a short walk from the quay. Buses and trains from Exeter to Topsham are frequent and reliable. Alternatively, free parking and public transport links are available in Exmouth if you reverse the route.

**Exe Cut**

To start in Topsham, follow signs to Lager Quay where Stuart Line Cruises depart for Exmouth when tides permit (check times by calling 01395 223146). The ferry takes from 1 to 1.5 hours depending on tides. From Exmouth Marina travel along Victoria Road and turn left on to Imperial Road. Follow this road onto Marine way. Where the road forks take the left hand path which follows the Exe. The 1.5 mile walk to Lympstone will wind its way along the Estuary until you reach a bridge over the train track. A train departs here for Topsham regular. Alternatively you can continue along the trail to Exton, a further 1.5 miles, and catch a train from Exton station. To check train times contact 08457 48 49 50.

**Bus routes**

1. Exeter - Topsham - Exton - Lympstone - Exmouth
   - Distance: 2 miles / 3.2km – 40 minutes
   - Time: Two hours approx
   - Estimated Cost: £7 adults, £4 children

2. Exeter - Turf Hotel to Starcross
   - Distance: 1.5 miles / 2.4km – 30 minutes
   - Time: Two hours approx
   - Estimated Cost: £6 Adults, £2 children (under 12), £1 bikes

**Getting Started:** Two small car parks are available at the Exminster Marshes RSPB Nature Reserve. Alternatively take the bus (service 2) to Exminster. The bus turns from the Turf Hotel (01392 833128) which leaves from the jetty at the end of the garden (The Sea Dream II 07778 370582). When you arrive in Topsham you can choose to browse the historical town or head straight for the Topsham ferry (07801 203338) by following Ferry Road. Once back on the Exminster side you can choose to take a stroll through the Exminster Marshes Reserve (walkers only) or head back along the canal path.

**Explore Exminster Marshes and Topsham**

1. Walk from Exminster to the Turf Hotel.
2. Take the ferry from Topsham.
3. Take the Topsham ferry back to Exminster.

**Suitability:** Primarily walkers. Cyclists, wheelchair and pushchair users, please check with ferry operators that they will be able to accommodate you.

**Estimated Cost:** £4 Adults, £2 children (under 12), £1 bikes

**Getting Started:** Two small car parks are available at the Exminster Marshes RSPB Nature Reserve. Alternatively take the bus (service 2) to Exminster. The bus turns from the Turf Hotel (01392 833128). Refreshments are available here while you wait for the next ferry which leaves from the jetty at the end of the garden (The Sea Dream II 07778 370582). When you arrive in Topsham you can choose to browse the historical town or head straight for the Topsham ferry (07801 203338) by following Ferry Road. Once back on the Exminster side you can choose to take a stroll through the Exminster Marshes Reserve (walkers only) or head back along the canal path.

**Exe Cut**

To check seasonal timetable (service runs hourly during evenings and winter) and Sunday every 30 mins from spring and summer.

**Key**

- Footpath (off road) only
- Footpath (on road) only
- Cycle route (off road) suitable for walking, cycling, wheelchair and pushchairs
- Cycle route (on road) only
- Foot ferry (on guide only)
- Foot ferry (off road) only
- Key parking
- Key viewpoint
- Key facilities
- Key information
- Key toilets
- Key refreshments
- Key cycle hire
- Key bus stop
- Key bathing area
- Key nature reserve

**Explore Exmouth**

There are many short circular walks that can be created within the towns on both the banks of the Exe. Why not walk from the Imperial Recreation Ground in Exmouth, with its open views of the estuary, to the seafront and Jurassic Coast.
The Exe Estuary Trail

Exe Estuary Trail Map

Exe Estuary Trail Path

Exe Estuary Management Partnership

For people, for wildlife, for the future.

For more information on the work we do please contact the Exe Estuary officer:

T: 01392 382236  F: 01392 382135
E: exeestua@devon.gov.uk  W: www.exe-estuary.org

Exe Estuary Tides

Tides—don’t put yourself or others at risk.
Be aware of the dangers from rising tides, soft mud, cliff edges and strong currents.

Fish wisely:
Don’t put yourself or others at risk.

Observe estuary bylaws & warnings:
Don’t put yourself or others at risk.

Be considerate to other estuary users:
Don’t put yourself or others at risk.

Protect and avoid disturbing wildlife:
Don’t put yourself or others at risk.

Tourist Information Centres

The Exe Estuary

World class wildlife, sandy beaches, historic buildings and water based recreation are some of the attractions to be found on the Exe Estuary.

Parking, and toilet and refreshment facilities.

The map, along with the accompanying route information (such as the ferry timetable opposite), can be found on www.devon.gov.uk/exeestuary and from www.exe-estuary.org

Whether you fancy a short stroll or something more extensive, this leaflet is a guide to the footpaths, cycle ways, beaches and public transport options available around the Exe Estuary.

The Exe Estuary Trail is currently constructing a fantastic new cycleway, known as the Exe Estuary Trail. When completed, the 26 mile trail will run along the east and west sides of the Estuary giving access to views as never before.

Parts of the route are now open with others soon to be completed. For up-to-date information about the progress of the trail visit: www.devon.gov.uk/exeestuarytrail

Other Leaflets

A guide to the recreational activities available to enjoy in and around the Exe. It maps the location of activities, clubs and organisations who can provide more detailed local information about the various water sports and leisure pursuits available, as well as their contact information.

A guide to the location of activities, clubs and organisations who can provide more detailed local information about the various water sports and leisure pursuits available, as well as their contact information.

Discovery Trail of the Exe Estuary

A series of eight linked circular walks in Exmouth and Lympstone areas. The routes are accessible and mostly stille-free. All of the walks connect with at least two others, so can be easily extended.

Walking Trails in Devon contains ten walks plus information for the Exe Valley Way, East Devon Way and the South West Coast Path National Trail. Pick up a free copy from a TIC or visit www.visitdevon.co.uk

Leaflets are available from TIC, our website: www.exe-estuary.org, or by contacting us via email: exeestua@devon.gov.uk

Cycle Training

Cycle training is currently being done by Devon FRSA ride cycle training. If you want to work in the Exeter or Exmouth area:

Schools/FIS Foundation Level

Wheelchair Users Contact: CTC by email: exeestuary@devon.gov.uk

Many thanks to John Exeter Lagoon, Devonport, Exeter for the use of their images in this leaflet.